Daily Routine in Detention

0600: Wake up, breakfast, hygiene and chores, medications passed

0730-0830: Morning exercise

0830-0950: Gardening in the greenhouse

1010-1130: School in the classroom

1130-1230: Lunch break

1230-1500: School in the classroom

1530-1630: Group/Outside recreation

1630-1730: Dinner

1800-2000: Showers, evening group, snack time

2000-2100: Evening chores, medications passed, hygiene

2100: Lights out/bed time for all youth except level 3's

2100-2200: Free time for level 3's (they may watch movies, play cards/boardgames, play sports in the

gym)

2200: Bed time for all level 3 youth

Extra Curriculums:

Mondays & Tuesdays: Obria Medical Group volunteers, teaches youth about various life topics

Wednesdays: Religious services with volunteer

Tuesdays & Thursdays: Linn County Mental Health comes to Detention to see youth

Tuesday & Friday: Medical doctor comes to Detention to see youth

Thursdays: Juvenile Court at 1:15 PM

Fridays: Guitar class with volunteer

Sunday, Monday, Wednesday, Saturday: Visitation

